



# CCPS High School Marching Band Participant Physical Evaluation Form

## Part 1. Student Information

Student's Name: \_\_\_\_\_ Sex: \_\_\_\_ Age: \_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 School: \_\_\_\_\_ Grade in School: \_\_\_\_ Student School ID#: \_\_\_\_\_  
 Home Address: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_  
 Name of Parent/Guardian: \_\_\_\_\_ Parent/Guardian E-mail: \_\_\_\_\_  
 Person to Contact in Case of Emergency: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_  
 Personal/Family Physician: \_\_\_\_\_ City/State: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

## Part 2. Medical History (to be completed by parent/guardian or student. "YES" answers should be explained below.)

	Yes	No
1. Have you been diagnosed with a new medical condition since your last check up or physical?	___	___
2. Do you have an ongoing chronic illness or medical condition?	___	___
3. Have you ever had surgery?	___	___
4. Are you currently taking any prescription or non-prescription (over-the-counter) medications or using an inhaler?	___	___
5. Do you have any allergies (for example, pollen, latex, medicine, food, or stinging insects)?	___	___
6. Do you have seasonal allergies that require medical treatment or restrictions?	___	___
7. Have you ever had a rash or hives develop during or after exercise?	___	___
8. Have you ever passed out during or after exercise?	___	___
9. Have you ever become dizzy during or after exercise?	___	___
10. Have you ever had racing of your heart or skipped heartbeats?	___	___
11. Have you ever been told you have a heart murmur?	___	___
12. Has a physician ever denied or restricted your activity levels for any reason?	___	___
13. Have you ever had a head injury or concussion?	___	___
14. Have you ever had numbness or tingling in your arms, hands, legs or feet?	___	___
15. Have you ever become ill from exercising in the heat?	___	___
16. Do you use any special protective or corrective equipment or medical devices (for example, knee brace, special neck roll, foot orthotics, shunt, retainer on your teeth, or hearing aid)?	___	___
17. Have you had any problems with your eyes or vision?	___	___
18. Do you wear glasses, contacts, or protective eyewear?	___	___
19. Have you had any other problems with pain or swelling in muscles, tendons, bones or joints? If yes, check appropriate blank and explain below:	___	___
<input type="checkbox"/> Head <input type="checkbox"/> Elbow <input type="checkbox"/> Hip <input type="checkbox"/> Neck <input type="checkbox"/> Forearm <input type="checkbox"/> Thigh <input type="checkbox"/> Back <input type="checkbox"/> Wrist <input type="checkbox"/> Knee <input type="checkbox"/> Chest <input type="checkbox"/> Hand <input type="checkbox"/> Shin/Calf <input type="checkbox"/> Shoulder <input type="checkbox"/> Finger <input type="checkbox"/> Ankle <input type="checkbox"/> Foot <input type="checkbox"/> Upper Arm		

Explain "Yes" answers here: \_\_\_\_\_

**If this student is required to take medication during afterschool activities, please complete attached Collier County Public Schools Medication Authorization Form and return to Activities Director.**

We hereby state, to the best of our knowledge, that our answers to the above questions are complete and correct. In addition to the routine medical evaluation required by s.1006.20, Florida Statutes, and FHSAA Bylaw 9.7, we understand and acknowledge that we are hereby advised that the student should undergo a cardiovascular assessment, which may include such diagnostic tests as electrocardiogram (EKG), echocardiogram (ECG) and/or cardio stress test.

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Part 3. Physical Examination** (to be completed by licensed physician, physician assistant or certified advanced registered nurse practitioner).

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
% Body Fat (optional): \_\_\_\_\_ Pulse: \_\_\_\_\_ Blood Pressure: \_\_\_\_/\_\_\_\_ (\_\_\_\_/\_\_\_\_, \_\_\_\_/\_\_\_\_) Temperature: \_\_\_\_\_  
Hearing: right: P \_\_\_\_ F \_\_\_\_ left: P \_\_\_\_ F \_\_\_\_  
Visual Acuity: Right 20/\_\_\_\_ Left 20/\_\_\_\_ Corrected: Yes / No Pupils: Equal \_\_\_\_ Unequal \_\_\_\_

FINDINGS	NORMAL	ABNORMAL FINDINGS	INITIALS*	FINDINGS	NORMAL	ABNORMAL FINDINGS	INITIALS*
MEDICAL				MUSCULOSKELETAL			
1. Appearance	_____	_____	_____	9. Neck	_____	_____	_____
2. Eyes/Ears/Nose/Throat	_____	_____	_____	10. Back	_____	_____	_____
3. Lymph Nodes	_____	_____	_____	11. Shoulder/Arm	_____	_____	_____
4. Heart	_____	_____	_____	12. Elbow/Forearm	_____	_____	_____
5. Pulses	_____	_____	_____	13. Wrist/Hand	_____	_____	_____
6. Lungs	_____	_____	_____	14. Hip/Thigh	_____	_____	_____
7. Abdomen	_____	_____	_____	15. Knee	_____	_____	_____
8. Skin	_____	_____	_____	16. Leg/Ankle	_____	_____	_____
				17. Foot	_____	_____	_____

**ASSESSMENT OF EXAMINING PHYSICIAN/PHYSICIAN ASSISTANT/NURSE PRACTITIONER**

I hereby certify that each examination listed above was performed by myself or an individual under my direct supervision with the following conclusion(s):

\_\_\_\_ Cleared without limitation  
\_\_\_\_ Disability: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
\_\_\_\_ Precautions: \_\_\_\_\_  
\_\_\_\_ Not cleared for: \_\_\_\_\_ Reason: \_\_\_\_\_  
\_\_\_\_ Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_  
\_\_\_\_ Referred to: \_\_\_\_\_ For: \_\_\_\_\_  
Recommendations: \_\_\_\_\_  
Name of Physician/Physician Assistant/Nurse Practitioner (print): \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_  
Signature of Physician/Physician Assistant/Nurse Practitioner: \_\_\_\_\_

**ASSESSMENT OF EXAMINING PHYSICIAN TO WHOM REFERRED** (if applicable)

I hereby certify that each examination for which referred was/were performed by myself or an individual under my direct supervision with the following conclusion(s):

\_\_\_\_ Cleared without limitation  
\_\_\_\_ Disability: \_\_\_\_\_ Diagnosis: \_\_\_\_\_  
\_\_\_\_ Precautions: \_\_\_\_\_  
\_\_\_\_ Not cleared for: \_\_\_\_\_ Reason: \_\_\_\_\_  
\_\_\_\_ Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_  
\_\_\_\_ Referred to: \_\_\_\_\_ For: \_\_\_\_\_  
Recommendations: \_\_\_\_\_  
Name of Physician/Physician Assistant/Nurse Practitioner (print): \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
Address: \_\_\_\_\_  
Signature of Physician/Physician Assistant/Nurse Practitioner: \_\_\_\_\_

**Place Healthcare Provider Stamp Here:**